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Estate Planning Specialists for your peace of mind*





AUGUST 2025 ISSUE

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Avoid the Common Mistakes When Choosing a Successor Trustee (Or Could the One You Named Now be WRONG?)

By Attorney, Philip Kavesh



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RESTAURANT RECOMMENDATION

<u>King's Hawaiian Bakery &</u> Restaurant

Quote of the Month

LIVING TRUST SEMINARS

For those who don't yet have a Trust, but also those who have one and may need to review and update it! Both the public and our existing clients are invited - - and please bring your family or friends!

NOTE: All of our seminars listed below are now being held in-person. If you, or someone you know, would like to attend a seminar, but cannot attend a live one, please send us an e-mail so we can explore other options.

(Also note: We may provide services to anyone residing in California without them having to travel to our offices.)

IN-PERSON LIVING TRUST SEMINARS

TUESDAY, August 12th

9:30am - 11:30am
Torrance Main Office
990 W. 190th Street
Suite 500 (5th Floor)
Extremely Limited Capacity

REGISTER

SATURDAY, August 16th

9:30am - 11:30am Torrance Main Office 990 W. 190th Street When most people think about a_{Translate} ▼ Living Trust estate plan, their

focus is on distributing their hard earned assets to the right people and at the right time, while minimizing court interference and taxes. However, not enough people thoroughly consider their choice of successor Trustee (after your spouse), who will act someday when you can't. Whether you're thinking of setting up an estate plan (or already have one), be sure to avoid (or fix) these common mistakes:

1. Choosing Your Successor Trustee Based on Emotion, Not Ability

Mistake: Many people choose a child or close family member purely out of loyalty or emotion, or birth order, rather than assessing whether that person has the right skills.

Solution: Select someone who is responsible, organized, and smart financially. It's more important to choose someone who can do the job well than someone who you might feel is entitled to it.

2. Appointing Co-Trustees Who Don't Work Well Together

Mistake: Naming multiple children together as Co-Trustees (or one or more children as Co-

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Suite 500 (5th Floor) Extremely Limited Capacity

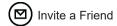
REGISTER

THURSDAY, August 21st

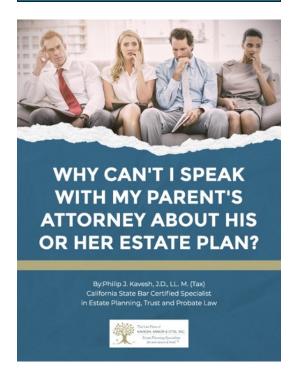
9:30am - 11:30am Torrance Main Office 990 W. 190th Street Suite 500 (5th Floor) Extremely Limited Capacity

REGISTER

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FREE REPORT



The estate planning process is generally perceived by parents and their loved ones as a "family affair". Often times, adult children help their parents put together the

Trustees with your surviving spouse), in an attempt to be

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"fair", often backfires. It can lead to fights, court battles, delays, animosity and disharmony that may live on for many years, even generations, after you're gone.

READ MORE

Some Great New Apps For Older Adults



Mental health issues come in many forms and can stem from many sources. An especially prevalent mental health issue is depression, which can be caused by loneliness, chronic medical conditions, stressful life events, or a combination of factors. Older adults can be especially susceptible to depression, as well as other mental health issues.

For a long time, therapy and medications have been the primary forms of treatment for mental health issues. However, a newer

necessary paperwork to bring to subscribe attorney meeting, take them to the meeting, and even want to participate in the meeting.

However, the attorney-client relationship with the parents is a unique one that has particular confidentiality and other limitations which the attorney is bound by and must adhere to.

In this free report, experienced California Estate Planning Lawyer Phil Kavesh explains why children often aren't permitted to speak with their parent's lawyer about the parent's estate plan and how children may successfully overcome this apparent roadblock.

DOWNLOAD REPORT

option is becoming more prevalent Translate ▼
— and is closer at hand. Mental health apps that people can access

with their smartphones and tablets are garnering more attention and users.

What Are Mental Health Apps?

Mental health apps are mobile applications that provide support for emotional well- being. For older adults, these apps are often tailored to address age-specific challenges, such as loneliness, grief, chronic illness, and cognitive decline, which can all contribute to depression. The most effective apps combine psychological tools, behavioral health strategies, and easy-to-use interfaces.

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SENIOR ALERT:
Be Cautious: Certain Foods Can Interfere
with Your Medications

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Don't Eat This if You're Taking That is a practical and informative guide co-authored by married experts Madelyn Fernstrom, a nutrition and diet specialist featured on NBC's Today show, and John Fernstrom, an award-winning neuroscientist and pharmacologist. The book explores how everyday foods and supplements can interact with prescription medications, potentially reducing their effectiveness or increasing the risk of harmful side effects. The authors emphasize that it's not just other drugs that cause problems—anything you consume, even seemingly healthy foods, can impact how medications work in the body.

The Fernstroms highlight several common and potentially dangerous food-drug interactions. For example, **fish oil supplements** can increase bleeding risk when taken with **blood thinners**, though eating fish in moderation is generally safe.

READ MORE

RESTAURANT RECOMMENDATION:
KING'S HAWAIIAN
BAKERY & RESTAURANT



If you're in the Torrance area, go check out King's Hawaiian Bakery & Restaurant—a beloved spot serving up island-style comfort food with a warm aloha spirit. From fluffy Hawaiian rolls to hearty dishes like loco moco and chicken katsu, the menu delivers authentic flavors in a casual, family-friendly setting. Be sure to stop by the bakery for Paradise Cake, mochi donuts, and pineapple treats. Whether it's breakfast or dessert, King's is a delicious taste of Hawaii right in the South Bay.





LOCATION

2808 Sepulveda Blvd, Torrance, CA 90505

(310)530-0050

Subscrib HOURS OF OPERATION

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MONDAY - SUNDAY: 7AM - 9PM

For more information, click here.





CLIENT TESTIMONIALS

"The law firm you need to visit for your trust needs. We have been with Kavesh, Minor, and Otis since 2008. For several years now Peter Keon has taken care of our needs. He is careful and complete while taking us through the process. And he answered all of our questions in a manner that we understood. I suggest anyone who is considering a trust to attend one of their seminars in Torrance. All will be explained and there will be no surprises later on."

-Dennis F.

"I have my Living Trust set up working with Jane Lee after she did a wonderful job setting one up for my mom and dad. After my mom and "Top estate planning law firm. Follow with you and keep your family trust up to date. Do not create trust and leave you. Highly recommend for family trust. My lawyer has been with me entire time and knows what to do to protect your assets to give to your family as you decide. And nobody knows but you "

—Jon D.

"Having worked with this firm on a family trust since 2002, I find the Attorneys very knowledgeable and easy to work with."

-Kathleen R.

dad passed away, the
Past Issues to Trust went
so smooth to honor their
wishes. Because of the
expertise of Jane Lee and how
well she handled my mom and
dads Trust, I have total peace
of mind on how she is
handling mine. I totally
recommend Kavesh, Minor &
Otis, Inc."

Translate THANKYOU!

-Mercy V.

Thank you for these wonderful client reviews (all from real clients!). We know that our clients and all the members of our community have many options to choose from when it comes to assisting with their estate planning needs. It is very gratifying to us that people put their trust in us to help them with these important decisions that will impact them and their loved ones for years to come.

Many of our clients have asked how they can support us in return and they have done so by not only referring their friends and family (for example by forwarding this e-mail newsletter), but also by taking the time to leave us an online review (which we'd really appreciate, if you haven't done so already). Below are a couple of websites you can choose from to leave a quick online review of your experience with our firm.

Thank you, in advance, for your help! We look forward to continuing to serve you and your loved ones for many more years to come!



QUOTE OF THE MONTH

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"The most wasted of all days is one without laughter."
—E. E. Cummings, American Poet & Painter

OFFICE LOCATIONS

MAIN OFFICE

TORRANCE OFFICE 990 W. 190th Street, Suite 500 Torrance, CA 90502

OTHER LOCAL OFFICES

PASADENA OFFICE 790 E. Colorado Blvd., 9th Floor Pasadena, CA 91101

WOODLAND HILLS OFFICE 5850 Canoga Avenue, 4th Floor Woodland Hills, CA 91367

TELEPHONE NUMBER

1.800.756.5596

ORANGE OFFICE 333 City Drive West, 17th Floor Orange, CA 92868

NEWPORT BEACH OFFICE 5000 Birch Street, Suite 8000 Newport Beach, CA 92660









The testimonials in this newsletter and throughout our website were provided by actual clients. To maintain their privacy, their names may be abbreviated and their photos are not shown. Please note that testimonials do not

warrant, guarantee or predict your particular results. Actual client testimonial letters may be viewed by you in Subscribeveral "Thank's Subscribe veral "Thank's Subscrib

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990 West 190th Street, Suite 500 Torrance, CA 90502 800.756.5596 310.324.9403 www.kaveshlaw.com

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