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**KAVESH
MINOR &
OTIS, INC.**

Estate Planning Specialists
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JANUARY 2026 ISSUE

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LIVING TRUST SEMINARS

For those who don't yet have a Trust, but also those who have one and may need to review and update it! Both the public and our existing clients are invited -- and please bring your family or friends!

NOTE: All of our seminars listed below are now being held in-person. If you, or someone you know, would like to attend a seminar, but cannot attend a live one, please [send us an e-mail](#) so we can explore other options.

(Also note: We may provide services to anyone residing in California without them having to travel to our offices.)

IN-PERSON LIVING TRUST SEMINARS

**SATURDAY,
January 10th**
9:30am - 11:30am
Torrance Main Office

By Attorney Phil Kavesh

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After decades of helping families with their estate plans, one thing is clear: life never stands still. Families grow, goals shift, and financial and personal situations change-- of both parents and children -- often in ways we don't even notice at first.

That's why the start of a new year is such a good time to review your living trust and estate plan. A simple checkup helps ensure your plan still reflects your wishes and continues to protect the people you care about most.

At Kavesh, Minor & Otis,

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**THURSDAY,
January 15th**
9:30am - 11:30am
Torrance Main Office
990 W. 190th Street
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**WEDNESDAY,
January 21st**
9:30am - 11:30am
Torrance Main Office
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we've spent almost 45 years helping families create plans designed to last-- and just as importantly, to adapt as life evolves.

I often tell clients that estate planning is a bit like going to the doctor. You don't always go because something hurts-- you go so nothing will in the future. A regular checkup now can save a lot of discomfort later.

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**SENIOR ALERT:
How Medicare
Changes in 2026
Will Affect Older
Adults**



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[Your Free Checklist](#)
**What To Do With A
Living Trust Once A
Loved One Has Passed**



When the Maker of a Living Trust passes, the Successor Trustee often has no idea of what to do and in what order—at a time when he or she may already be under a lot of emotional stress.

Our Successor Trustee's first 30-day checklist is a practical, step-by-step guide to the actions that need to be taken, so nothing critical gets overlooked.

It's based on our firm's unique level of experience in helping Successor Trustees handle over 4,000 trust administrations.

Takeaways

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- Medicare is implementing changes in 2026 to lower prescription drug costs, enhance consumer protections, and test new care management approaches.
- New negotiated prices for some prescription drugs and an annual out-of-pocket cap of \$2,100 for Part D covered medications will lead to lower drug costs for many enrollees.
- A new special enrollment period will protect beneficiaries who choose a Medicare Advantage plan based on inaccurate provider directory information.
- A prior authorization pilot program will be implemented in six states for certain services and equipment in traditional Medicare.
- Beneficiaries can opt to

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Whether you are already acting as Successor Trustee, maybe someday, or know someone else who will, this checklist is an invaluable “go-to” tool to have handy when the time comes.

spread their prescription

drug costs evenly over 12 months.

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RECIPE RECOMMENDATION: LASAGNA SOUP



[Subscribe](#)[Post to the](#)[cozy, cheesy goodness of classic lasagna — but in a](#)[Translate](#) ▾

hearty, warm soup you can spoon straight into your bowl! This

Lasagna Soup from *Tastes Better From Scratch* is like your favorite Italian dinner transformed into a simple one-pot meal that's perfect for chilly evenings or easy weeknight dinners. Packed with savory ground beef and Italian sausage, rich marinara, tender broken lasagna noodles, fresh spinach (optional), and a trio of cheeses that melt beautifully on top, it's comfort food at its finest. Whether you're feeding a crowd or craving leftovers that taste even better the next day, this dish delivers big flavor without all the fuss of layering a traditional lasagna.

Ingredients

- ½ lb lean ground beef
- ½ lb ground Italian sausage
- Salt and freshly ground black pepper, to taste
- 1 yellow onion, chopped
- 1 Tbsp olive oil
- 3 cloves garlic, minced
- 2 Tbsp tomato paste
- ~24 oz marinara sauce (homemade or store-bought)
- ¼ tsp red pepper flakes
- 2 Tbsp fresh parsley, chopped (or 2 tsp dried)
- ½ tsp dried oregano
- 1 tsp dried basil
- 7 cups low-sodium chicken broth (or vegetable broth)
- 9 lasagna noodles, broken into pieces
- 2 cups fresh spinach leaves (optional)
- 10 oz ricotta cheese (or cottage cheese)
- 1 cup shredded mozzarella cheese
- ½ cup freshly grated Parmesan cheese
- Fresh basil, for serving



Recipe Steps

1. **Brown the meats.**

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In a large pot over medium-high heat, cook the ground beef and Italian sausage until browned. Season with salt and pepper as you go. Drain excess grease and set the meat aside.

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2. Sauté aromatics.

Add the olive oil to the same pot over medium heat. Add the chopped onion and sauté for about 5 minutes until softened. Stir in the minced garlic and cook another minute.

3. Build the soup base.

Stir in the tomato paste, marinara sauce, red pepper flakes, parsley, oregano, basil, and chicken broth. Return the browned meat to the pot and stir to combine.

4. Cook the noodles.

Bring the soup to a boil, then add the broken lasagna noodle pieces. Reduce heat to medium-low and simmer, stirring occasionally, until the noodles are tender. If using, add the spinach during the last few minutes of cooking.

5. Mix the cheeses.

In a small bowl, combine the ricotta, shredded mozzarella, and Parmesan cheese.

6. Serve warm.

Ladle the hot soup into bowls and top each serving with a generous scoop of the cheese mixture. Garnish with fresh basil and enjoy!

Recipe from [Tastes Better From Scratch](#)

CLIENT TESTIMONIALS

"My husband and I had a very positive experience with Peter Leon of the Kavesh, Minor, & Otis Law Firm. We met with Peter to update our Family Trust and he skillfully addressed many concerns to

"We went to see Peter Keon to have a will and trust done. He made us feel comfortable in a relaxed atmosphere. When we went back to sign papers, he was very thorough in explaining everything and

Subscribe Past Issues **resolve family issues. Peter is professional, devoted to his work, and always available to answer any questions. We highly recommend Peter to take care of you and your Family Trust."**

—Helen C.

" We chose Kavesh, Minor & Otis because of our past experiences with the firm. Jane Lee handled my Mother and Father's trust. She was professional, patient and very clear in explaining our trust procedure. We are very appreciative of her help."

—Rebecca S.

answered any questions we had. Our experience was excellent."

—Darlene C.



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Thank you for these wonderful client reviews (all from real clients!). We know that our clients and all the members of our community have many options to choose from when it comes to assisting with their estate planning needs. It is very gratifying to us that people put their trust in us to help them with these important decisions that will impact them and their loved ones for years to come.

Many of our clients have asked how they can support us in return and they have done so by not only referring their friends and family (for example by forwarding this e-mail newsletter), but also by taking the time to leave us an online review (which we'd really appreciate, if you haven't done so already). Below are a couple of websites you can choose from to leave a quick online review of your experience with our firm.

Thank you, in advance, for your help! We look forward to continuing to serve you and your loved ones for many more years to come!



QUOTE OF THE MONTH

“
There are better
things ahead than
any we leave behind.

C.S. LEWIS

Southern Living

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OFFICE LOCATIONS

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990 W. 190th Street, Suite 500
Torrance, CA 90502

TELEPHONE NUMBER**1.800.756.5596****OTHER LOCAL OFFICES
(BY APPOINTMENT ONLY)****PASADENA OFFICE**

790 E. Colorado Blvd., 9th Floor
Pasadena, CA 91101

ORANGE OFFICE

333 City Drive West, 17th Floor
Orange, CA 92868

WOODLAND HILLS OFFICE

5850 Canoga Avenue, 4th Floor
Woodland Hills, CA 91367

NEWPORT BEACH OFFICE

5000 Birch Street, Suite 8000
Newport Beach, CA 92660

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The testimonials in this newsletter and throughout our website were provided by actual clients. To maintain their privacy, their names may be abbreviated and their photos are not shown. Please note that testimonials do not warrant, guarantee or predict your particular results. Actual client testimonial letters may be viewed by you in several "Thank You" books, proudly displayed at our main office lobby.

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Our mailing address is:

990 West 190th Street, Suite 500
Torrance, CA 90502
800.756.5596
310.324.9403
www.kaveshlaw.com

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