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The Law Firm of
**KAVESH
MINOR &
OTIS, INC**

Estate Planning Specialists
for your peace of mind®

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**ARE MORE
RETIREEES
BECOMING
ADDICTED —
SECRETLY —
TO GAMBLING?**



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RECIPE RECOMMENDATION

Kale Chicken Caesar Pasta Salad

[Don't Miss These Local Events](#)[Quote of the Month](#)

LIVING TRUST SEMINARS

For those who don't yet have a Trust, but also those who have one and may need to review and update it! Both the public and our existing clients are invited - - and please bring your family or friends!

NOTE: All of our seminars listed below are now being held in-person. If you, or someone you know, would like to attend a seminar, but cannot attend a live one, please [send us an e-mail](#) so we can explore other options.

(Also note: We may provide services to anyone residing in California without them having to travel to our offices.)

IN-PERSON LIVING TRUST SEMINARS

**WEDNESDAY,
July 8th**

9:30am – 11:30am

Torrance Main Office

990 W. 190th Street

Suite 500 (5th Floor)

Extremely Limited Capacity

REGISTER

**SATURDAY,
July 11th**

9:30am – 11:30am

Torrance Main Office

990 W. 190th Street

Suite 500 (5th Floor)

Extremely Limited Capacity

Many of us have traditionally thought of gambling as something that happens on occasional trips to Las Vegas. But today, gambling has changed dramatically. It is now available virtually 24 hours a day on smartphones, tablets and computers, allowing anyone to place bets from the comfort of home in just a matter of seconds. And there are more local casinos targeting seniors, just a short drive away.

A recent cover story in the AARP Bulletin, entitled “Beaten by the Odds,” describes a growing and troubling trend: increasing numbers of retirees and older Americans are becoming involved in online gambling, sometimes with devastating financial and emotional consequences.

The article explains that the rapid expansion of legalized sports betting, online casinos, poker sites and other gambling

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**THURSDAY,
July 23rd**

9:30am – 11:30am

Torrance Main Office

990 W. 190th Street

Suite 500 (5th Floor)

Extremely Limited Capacity

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Invite a Friend

FREE REPORT



Serving as Successor Trustee of a Living Trust is an honor, but it's also a serious legal responsibility that most people underestimate. After the Trust Maker passes away, the Trustee steps into a

apps has created an environment unlike anything previous generations experienced. Aggressive advertising, constant promotions, and the ease of electronic payments have made gambling more accessible—and potentially more addictive—than ever before.

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SENIOR ALERT: LIVING YOUR BEST POSSIBLE LIFE AFTER A DEMENTIA DIAGNOSIS



A dementia diagnosis can feel like a door closing. But for the millions of people living with

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complex role combining financial management, legal compliance, tax reporting, and family relations—all while emotions are running high.

Most first-time Trustees assume it's "just some easy paperwork" or "merely involves dividing things up." In reality, Trust Administration involves much more, and Trustees are held to the highest legal standard of care—the "fiduciary duty"—which means they can be held personally liable for mistakes.

This is why our attorney **Philip J. Kavesh** created this comprehensive guide, *The 10 Biggest Mistakes Trustees Make (And How to Avoid Them)*. When you download your free copy, you'll discover the critical errors that can lead to personal liability, family disputes, and thousands of dollars in unnecessary expenses—plus the specific steps to avoid them.

This guide is essential reading, whether you are already acting as Successor Trustee or may be someday.

[DOWNLOAD REPORT](#)

Alzheimer's disease and related dementias, as well as for their family members and friends, a growing movement in care is pushing back against that narrative. The message: a diagnosis does not define a life.

Seeing the Whole Person

Traditional approaches to dementia care have often focused on what is lost, such as memory, independence, and cognitive function. That can leave people feeling like their future has been decided for them.

As explained in a recent webinar led by the National Alzheimer's and Dementia Resource Center (NADRC), a more compassionate and effective approach turns that lens around.

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RECIPE RECOMMENDATION:



Looking for a fresh and satisfying summer meal? This Kale Chicken Caesar Pasta Salad combines tender chicken, crisp kale, pasta, Parmesan, and a creamy Caesar dressing for a delicious dish that's perfect for lunches, picnics, or backyard gatherings. Best of all, it's ready in just 20 minutes!

INGREDIENTS

- 8 oz mezzi rigatoni (or your favorite short pasta)
- 1 1/2 cup grilled chicken breast, chopped
- 3 cups Tuscan kale
- 1 cup croutons
- 1/3 cup parmesan flakes
- 3/4 cup Caesar dressing
- 1 lemon, juice
- 2 tbsp olive oil
- 1/2 tsp salt
- 1 tsp cracked black pepper

INSTRUCTIONS

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1. Cook the pasta according to package directions in salted water.
2. Chop the kale and add to large mixing bowl. Add the olive oil and salt to kale and massage for 2 minutes.
3. Once the pasta is cooked and cooked down, add to the bowl with kale.
4. Then add in the grilled chicken, croutons, parmesan, lemon juice, cracked black pepper, and Caesar dressing.
5. Mix well and serve or store in air-tight container until ready to serve.

Recipe from [All Types of Bowls](#).

CLIENT TESTIMONIALS

"We recently had the opportunity of having a meeting again with Peter Keon to review our estate trust. Although a meeting in person would have been ideal, Peter and his team worked hard to accommodate us with a zoom call. When we were cut off because of my poor internet connection, Peter didn't give up. We continued our meeting eventually just over speaker phone. His questions and insight are very much appreciated. A professional team through and through. He's given me a few things to follow up on to ensure everything is where it should be. We appreciate Peter and the entire staff at the Law Firm of Kavesh Minor & Otis."

"I just want to give a huge thank you to this law firm in guiding me thru my dad's trust. Jane Lee is very knowledgeable and got the job done in 7 months. That's including a trust that was never completed. A big shout out to Jacqueline, Tammy, and Shantadee. These women return all phone calls, all texts and emails. They helped guide me through every question and help you with any paperwork that you need. I just referred a friend of mine and her husband. Thank you , Thank you 😊."

—Debbie R. (Gardnerville, NV)



Thank you for these wonderful client reviews (all from real clients!). We know that our clients and all the members of our community have many options to choose from when it comes to assisting with their estate planning needs. It is very gratifying to us that people put their trust in us to help them with these important decisions that will impact them and their loved ones for years to come.

Many of our clients have asked how they can support us in return and they have done so by not only referring their friends and family (for example by forwarding this e-mail newsletter), but also by taking the time to leave us an online review (which we'd really appreciate, if you haven't done so already). If you have a moment, please leave a quick online review of your experience with our firm on [Google](#).

Thank you, in advance, for your help! We look forward to continuing to serve you and your loved ones for many more years to come!



SOUTH BAY EVENTS



**Seaside Lagoon
200 Portofino Way,
Redondo Beach, CA 90277**

Celebrate Independence Day with the annual King Harbor Fireworks Show in Redondo Beach! The fireworks begin at **9:00 PM** and can be viewed from Seaside Lagoon, the Redondo Beach Pier, or nearby beaches. Arrive early, as public viewing is first come, first served. Bring your blankets and chairs for a memorable evening by the ocean.

Phil's Tip: Go early and walk to the corner of the breakwater wall located behind the Portofino Hotel event center and sit on the wall (carefully!) or throw a towel on the grass and lay on your back and enjoy!

Learn more [here](#).

Sunset Series – Thursdays Throughout Summer

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FOOD • DRINKS • MUSIC • FAMILY FUN

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MAKE THE NIGHT YOURS

THURSDAYS
JUNE 4 - AUG 27

**South Coast Botanic Garden
26300 Crenshaw Blvd,
Palos Verdes Estates, CA 90274**

Enjoy live music, food, drinks, and family-friendly activities every Thursday evening at the Garden's annual Sunset Series. Stroll the beautiful grounds, relax with great entertainment, and let the kids enjoy games and activities while you soak in the summer atmosphere.

Learn more [here](#).

Torrance Antique Street Faire – Sunday, July 26th



**Downtown Torrance
1317 Sartori Ave
Torrance, CA 90501**

Spend the day exploring vintage treasures at the Torrance Antique Street Faire in Downtown Torrance. Held on the fourth Sunday of each month, the event features antiques, collectibles, live music, and local dining. Admission is free and all ages are welcome.

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Learn more [here](#).

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QUOTE OF THE MONTH



OFFICE LOCATION

MAIN OFFICE TORRANCE

990 W. 190th Street, Suite 500
Torrance, CA 90502

TELEPHONE NUMBER
1.800.756.5596



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The testimonials in this newsletter and throughout our website were provided by actual clients. To maintain their privacy, their names may be abbreviated and their photos are not shown. Please note that testimonials do not warrant, guarantee or predict your particular results. Actual client testimonial letters may be viewed by you in several "Thank You" books, proudly displayed at our main office lobby.

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